Psychotherapy Training and the Study of Psychotherapy Science at the Sigmund-Freud-University Vienna

A Contribution to the Academization of Psychotherapy from a Student‘s View

Abstract

Are universities the right place to provide psychotherapy training as well as, for the first time, psychotherapy as a wholesome study? These thoughts regarding the academization of a science field should be reflected in this article. In consideration of the current controversy it is attempted, from a student‘s point of view, to enlighten the circumstances of the subject-specific education at the Sigmund-Freud-University and the experiences in the study of psychotherapy science on the part of education-receivers.

Keywords

Psychotherapy as profession and science, Individual Psychology at the Sigmund-Freud-University Vienna, personal report